

STEP 1 Choose from...

Meat or Fish option

or

Veggie option

or

Combo option



STEP 2 to go with
Vegetables / Salad



STEP 3 then add



STEP 4 ...and to finish

Choose from a tasty selection of Puddings

Bread and Salad will be available at Lunch Times

MONDAY

Ffl Vegetarian Balls & Pasta in A Tomato Sauce

or

Vegetarian Pasta Bolognese

or



Salmon and Tomato, Tuna Mayonnaise Portion, Grated Cheese Portion, Baked Beans

TUESDAY

Roast Chicken & Yorkshire Pudding

or

Roast Quorn & Yorkshire Pudding

or



Salmon and Tomato, Tuna Mayonnaise Portion, Grated Cheese Portion, Baked Beans

WEDNESDAY

Beef in Black Bean Sauce

or

Pizza Panini

or



Salmon and Tomato, Tuna Mayonnaise Portion, Grated Cheese Portion, Baked Beans

THURSDAY

Roast Turkey & Stuffing

or

Linda McCartney Sausage

or



Salmon and Tomato, Tuna Mayonnaise Portion, Grated Cheese Portion, Baked Beans

FRIDAY

Chicken Nuggets

or

Quorn Vegan Nuggets

or



Salmon and Tomato, Tuna Mayonnaise Portion, Grated Cheese Portion, Baked Beans

Sweetcorn

Carrots

Broccoli

Side Salad

Broccoli

Cauliflower

Baked Beans

Crusty Bread

New Potatoes

Herby Dice

or

Steamed Rice

Roast Potatoes

Chips

Cornflake Shortcake and Custard

or

Cheese & Biscuits
Fresh Fruit & Yogurts

Apple Crumble and Custard

or

Cheese & Biscuits
Fresh Fruit & Yogurts

Fruit Muffin

or

Cheese & Biscuits
Fresh Fruit & Yogurts

Iced Chocolate Shortcake

or

Cheese & Biscuits
Fresh Fruit & Yogurts

Flapjack

or

Cheese & Biscuits
Fresh Fruit & Yogurts

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MONDAY

Ffl Sweet and Sour Quorn D/f

or

Cheese and Tomato Pizza

or



Salmon and Tomato, Tuna Mayonnaise Portion, Grated Cheese Portion, Baked Beans

Whole-wheat Spaghetti Rings

Spicy Oven Wedges

or

Savoury Rice

Courgette Brownie

or

Cheese & Biscuits
Fresh Fruit & Yogurts

TUESDAY

Roast Beef & Yorkshire Pudding

or

Roast Quorn & Stuffing

or



Salmon and Tomato, Tuna Mayonnaise Portion, Grated Cheese Portion, Baked Beans

Baton Carrots

Green Beans

Roast Potatoes

Butterscotch Tart

or

Cheese & Biscuits
Fresh Fruit & Yogurts

WEDNESDAY

Chicken Goujon Wrap

or

Quorn Filled Potato Longboat

or



Salmon and Tomato, Tuna Mayonnaise Portion, Grated Cheese Portion, Baked Beans

Garden Peas

Side Salad

Oaty Fruit Crunch

or

Cheese & Biscuits
Fresh Fruit & Yogurts

THURSDAY

Roast Chicken

or

Roast Quorn & Yorkshire Pudding

or



Salmon and Tomato, Tuna Mayonnaise Portion, Grated Cheese Portion, Baked Beans

Carrots

Green Cabbage

New Potatoes

Bakewell Tart and Custard

or

Cheese & Biscuits
Fresh Fruit & Yogurts

FRIDAY

Sausage

or

Vegetarian Sausage

or



Salmon and Tomato, Tuna Mayonnaise Portion, Grated Cheese Portion, Baked Beans

Baked Beans

Chips

Chocolate Brownie Muffins

or

Cheese & Biscuits
Fresh Fruit & Yogurts

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MONDAY

Ffl Vegetarian Sausage Roll

or

Vegetarian Chilli

or



Salmon and Tomato, Tuna Mayonnaise Portion, Grated Cheese Portion, Baked Beans

Garden Peas

Whole-wheat Spaghetti Rings

Herby Dice

or

Steamed Rice

Chocolate and Orange Muffin

or

Cheese & Biscuits
Fresh Fruit & Yogurts

TUESDAY

Roast Gammon

or

Roast Quorn

or



Salmon and Tomato, Tuna Mayonnaise Portion, Grated Cheese Portion, Baked Beans

Broccoli

Baton Carrots

New Potatoes

Toffee and Banana Sponge and Custard

or

Cheese & Biscuits
Fresh Fruit & Yogurts

WEDNESDAY

Sweet Chilli Chicken D/f

or

Sweet Chilli Halloumi

or



Salmon and Tomato, Tuna Mayonnaise Portion, Grated Cheese Portion, Baked Beans

Mixed Vegetables

Savoury Rice

Spiced Apple Cake and Custard

or

Cheese & Biscuits
Fresh Fruit & Yogurts

THURSDAY

Roast Turkey & Stuffing

or

Vegetarian Sausage

or



Salmon and Tomato, Tuna Mayonnaise Portion, Grated Cheese Portion, Baked Beans

Carrots

Cauliflower

Roast Potatoes

Fruit Muffin

or

Cheese & Biscuits
Fresh Fruit & Yogurts

FRIDAY

Battered Fish Portion

or

Vegetarian Mexican Stack

or



Salmon and Tomato, Tuna Mayonnaise Portion, Grated Cheese Portion, Baked Beans

Baked Beans

Garden Peas

Chips

Strawberry Ripple Icecream Roll

or

Cheese & Biscuits
Fresh Fruit & Yogurts