



Ashwood Spencer Academy

Planning

Why is PE important at Ashwood?

At Ashwood Spencer, we want to fully embed all aspects of our DREAM curriculum into Physical Education and Sports, giving children the opportunity to lead healthy and active lives. We aim to enhance children's health, build character, improve wellbeing and support all children to fulfil their potential.

Through progressively planned and carefully delivered PE sessions, pupils will gain the knowledge, skills and capabilities necessary for mental, emotional, social and physical wellbeing now and for their future. PE at Ashwood Spencer aims to teach self-discipline, as well as instilling the belief that, through determination and resilience, we can achieve our goals.

At Ashwood Spencer Academy, PE is planned against the Derby City SSP Schemes of work. This allows for a progression of skills from Foundation Stage to Year Six in Dance, Games and Gymnastics. There are also opportunities for pupils to develop emotionally and intellectually through our Outdoor & Adventurous Activities programme. As well as, the opportunity for Year 4 pupils to attend swimming lessons.

Our long-term overview of PE across school shows that pupils have the opportunity to revisit and develop their skills across their time in school. Each session is planned progressively with specific learning objectives outlined, linked to the National Curriculum.

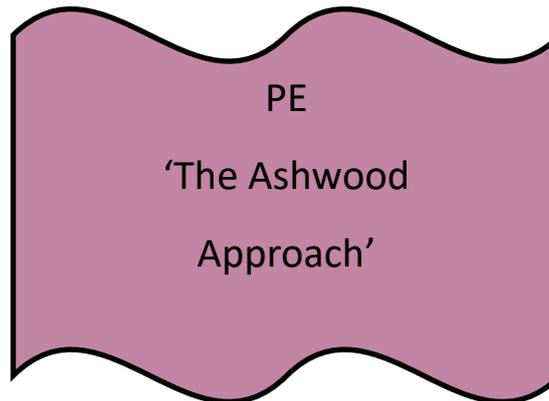
Assessment

Both teacher and self-assessment will be used during PE. Through the use of the Head, Heart, Hands approach, teachers and pupils will acknowledge the development of not only the physical skills but also the emotional skills, such as determination and resilience, and the social skills, such as team work and collaboration, allowing all pupils to succeed in PE, no matter what their physical abilities.

Our assessment process will allow pupils to ask questions of themselves and aim to answer these in the following sessions. It will also allow for pupils to set themselves personal targets and work to reach these.

Links with organisations

Our partnership with George Spencer Academy and links with Derby County Community Trust and Derby City Schools Sports Partnership, gives pupils the opportunity to showcase their skills and compete against other local schools in a wide variety of tournaments and festivals, developing teamwork and self-confidence.



*"You can't put a limit on anything.
The more you DREAM, the farther you get."*

- Michael Phelps, American swimmer and Olympian gold medallist.

Linking Our Learning

Due to the design of our creative curriculum approach at Ashwood Spencer Academy, there are a range of opportunities for P.E to contribute to other curriculum areas. The benefits of active and physical learning in the classroom are widely acknowledged in a variety of areas of the curriculum. Not only does it allow core curriculum subjects such as Maths to be taught in an active and engaging way, but it increases concentration in our pupils, allowing them to work to their full potential.

Enrichment opportunities

Throughout the year, different sporting events are organised to enhance the PE curriculum. These include: annual Celebration of Sports event at Moorways Stadium, tournaments and festivals hosted by Derby City SSP and after school clubs such as fundamentals and team sports.

In addition, the Year 6 Outdoor and Adventurous curriculum is enhanced by all pupils attending a residential at Lea Green, Derbyshire, whereby they have opportunities to challenge themselves with activities they wouldn't ordinarily get to complete within the school grounds.

