



Ashwood Spencer Academy

PSHE

At Ashwood we follow the 'Jigsaw' scheme which offers a comprehensive Programme for Primary PSHE. Through progressive planning it gives all children relevant learning experiences to help them navigate their world and to develop positive relationships with themselves and others.



With a strong emphasis on emotional literacy, building resilience and nurturing mental and physical health, 'Jigsaw' properly equips Ashwood to deliver an engaging and relevant PSHE within a whole-school approach. Jigsaw lessons also include mindfulness allowing children to advance their emotional awareness, concentration and focus.

Through the academic year 'Jigsaw' covers and assesses in depth Being Me in My World, Celebrating Difference, Dreams and Goals, Healthy Me, Relationships and Changing Me.

Jigsaw website: Primary and Secondary PSHE fulfilling RSE | Jigsaw PSHE Ltd

Citizenship

At Ashwood we follow non-statutory National Framework for Citizenship. This is aimed at key stages 1 and 2 that sets out the knowledge, understanding and skills that should be taught for pupils are ready for secondary school.

SMSC

At Ashwood Spiritual, Moral, Social and Cultural (SMSC) development is the over-arching umbrella that encompasses personal development across the whole curriculum. At Ashwood we aim to ensure that through the curriculum we develop all pupils SMSC development.

Spiritual

Ability to be reflective about their own beliefs (religious or otherwise) and perspective on life. Knowledge of, and respect for, different people's faiths, feelings and values. Sense of enjoyment and fascination in learning about themselves, others and the world around them. Use of imagination and creativity in their learning and willingness to reflect on their experiences

Moral

Ability to recognise the difference between right and wrong and to readily apply this understanding in their own lives, recognise legal boundaries and, in so doing, respect the civil and criminal law of England. Understanding of the consequences of their behaviour and actions. Interest in investigating and offering reasoned views about moral and ethical issues and ability to understand and appreciate the viewpoints of others on these issues.

Social

Use of a range of social skills in different contexts, for example working and socialising with other pupils, including those from different religious, ethnic and socio-economic backgrounds. Willingness to participate in a variety of communities and social settings, including by volunteering, cooperating well with others and being able to resolve conflicts effectively. Acceptance and engagement with the fundamental British values of democracy, the rule of law, individual liberty and mutual respect and tolerance of those with different faiths and beliefs; they develop and demonstrate skills and attitudes that will allow them to participate fully in and contribute positively to life in modern Britain.

Cultural

Understanding and appreciation of the wide range of cultural influences that have shaped their own heritage and that of others understanding and appreciation of the range of different cultures in the school and further afield as an essential element of their preparation for life in modern Britain. Ability to recognise, and value, the things we share in common across cultural, religious, ethnic and socio-economic communities. Knowledge of Britain's democratic parliamentary system and its central role in shaping our history and values, and in continuing to develop Britain. Willingness to participate in and respond positively to artistic, musical, sporting and cultural opportunities.

Wellbeing

The children at Ashwood will be given the foundations to grow into adults who are able to regulate and express their own emotions, develop positive relationships and manage their physical and mental wellbeing. Through a curriculum based around wellbeing our children are given the vocabulary, strategies and confidence they need to be show the qualities of our **DREAM** expectations.

We at Ashwood understand that children's mental health is a crucial factor in their overall wellbeing and can affect their learning and achievement. We aim to equip children with the skills that they can confidently use throughout their lives to deal with events that may impact their mental health and wellbeing.

Mindful Monday

We start every Monday morning with mindfulness to ensure all children start the week in a calm, positive manner. All children focus on a celebratory whole school assembly, mindful activities and a Jigsaw session to prepare them for the week.

Relationship and Health
Education
'The Ashwood Approach'