

WEEK 1

STEP 1 Choose from...

Meat or Fish option

or

Veggie option

or

Combo option



STEP 2 to go with
Vegetables / Salad



STEP 3 then add



STEP 4 ...and to finish

Choose from a tasty selection of Puddings

Bread and Salad will be available at Lunch Times

MONDAY

Ffi Sweet and Sour Halloumi

or

Sweet Chill Vegetables

or



Salmon and Tomato, Tuna Mayonnaise Portion, Grated Cheese Portion, Baked Beans

Side Salad

Savoury Rice

Apricot and Orange Cookie

or

Cheese & Biscuits
Fresh Fruit & Yogurts

TUESDAY

Roast Chicken

or

Roast Quorn

or



Salmon and Tomato, Tuna Mayonnaise Portion, Grated Cheese Portion, Baked Beans

Roast Potatoes

Carrots

or

Green Beans

Decorated Chocolate Muffins

or

Cheese & Biscuits
Fresh Fruit & Yogurts

WEDNESDAY

Lamb Kofta

or

Seasoned Quorn Strips with Pitta Bread

or



Salmon and Tomato, Tuna Mayonnaise Portion, Grated Cheese Portion, Baked Beans

Side Salad

Chips

or

Pitta Bread

Chocolate Mousse

or

Cheese & Biscuits
Fresh Fruit & Yogurts

THURSDAY

Roast Gammon

or

Roast Quorn

or



Salmon and Tomato, Tuna Mayonnaise Portion, Grated Cheese Portion, Baked Beans

Sweetcorn

Garden Peas

New Potatoes

Lemon Drizzle Cake

or

Cheese & Biscuits
Fresh Fruit & Yogurts

FRIDAY

All Day Breakfast

or

Quorn Vegan Sausage

or



Salmon and Tomato, Tuna Mayonnaise Portion, Grated Cheese Portion, Baked Beans

Hash Brown

Baked Beans

Fruit Flapjack

or

Cheese & Biscuits
Fresh Fruit & Yogurts

WEEK 2

STEP 1 Choose from...

Meat or Fish option

or

Veggie option

or

Combo option



STEP 2 to go with
Vegetables / Salad



STEP 3 then add



STEP 4 ...and to finish

Choose from a tasty selection of Puddings

Bread and Salad will be available at Lunch Times

MONDAY

Ffl Mac N Cheese with Crusty Bread

or

Vegetarian Pasta Bolognese

or



Salmon and Tomato, Tuna Mayonnaise Portion, Grated Cheese Portion, Baked Beans

Side Salad

Garlic Slice

Chocolate Malted Brownie

or

Cheese & Biscuits
Fresh Fruit & Yogurts

TUESDAY

Roast Turkey & Stuffing

or

Roast Quorn & Stuffing

or



Salmon and Tomato, Tuna Mayonnaise Portion, Grated Cheese Portion, Baked Beans

Carrots

Broccoli

Roast Potatoes

Ginger Biscuits

or

Cheese & Biscuits
Fresh Fruit & Yogurts

WEDNESDAY

Chicken Fajitas

or

Quorn Fajitas

or



Salmon and Tomato, Tuna Mayonnaise Portion, Grated Cheese Portion, Baked Beans

Sweetcorn

Steamed Rice

Iced Chocolate Sponge and Custard

or

Cheese & Biscuits
Fresh Fruit & Yogurts

THURSDAY

Roast Pork

or

Quorn Sausage

or



Salmon and Tomato, Tuna Mayonnaise Portion, Grated Cheese Portion, Baked Beans

Carrots

Garden Peas

Creamed Potatoes

Toffee and Banana Sponge

or

Cheese & Biscuits
Fresh Fruit & Yogurts

FRIDAY

Chicken Nuggets

or

Quorn Vegan Nuggets

or



Salmon and Tomato, Tuna Mayonnaise Portion, Grated Cheese Portion, Baked Beans

Whole-wheat Spaghetti Rings

Chips

Cookies and Cream

or

Cheese & Biscuits
Fresh Fruit & Yogurts

WEEK 3

STEP 1 Choose from...

Meat or Fish option

or

Veggie option

or

Combo option



STEP 2 to go with
Vegetables / Salad



STEP 3 then add



STEP 4 ...and to finish

Choose from a tasty selection of Puddings

Bread and Salad will be available at Lunch Times

MONDAY

Ffl Quorn in Black Bean Sauce

or

Cheese and Tomato Pizza

or



Salmon and Tomato, Tuna Mayonnaise Portion, Grated Cheese Portion, Baked Beans

TUESDAY

Sausage & Gravy

or

Linda McCartney Sausage

or



Salmon and Tomato, Tuna Mayonnaise Portion, Grated Cheese Portion, Baked Beans

WEDNESDAY

Hunters Chicken

or

BBQ Quorn

or



Salmon and Tomato, Tuna Mayonnaise Portion, Grated Cheese Portion, Baked Beans

THURSDAY

Roast Turkey & Stuffing

or

Roast Quorn & Stuffing

or



Salmon and Tomato, Tuna Mayonnaise Portion, Grated Cheese Portion, Baked Beans

FRIDAY

Battered Fish Portion

or

Vegan Fishless Finger

or



Salmon and Tomato, Tuna Mayonnaise Portion, Grated Cheese Portion, Baked Beans

Sweetcorn

Herby Dice

or

Savoury Rice

Iced Chocolate Shortcake

or

Cheese & Biscuits
Fresh Fruit & Yogurts

Cauliflower

Carrots

Creamed Potatoes

Raspberry and Apple
Sponge and Custard

or

Cheese & Biscuits
Fresh Fruit & Yogurts

Garden Peas

New Potatoes

or

Side Salad

Krispy Slice

or

Cheese & Biscuits
Fresh Fruit & Yogurts

Carrots

Green Cabbage

Roast Potatoes

Marble Fruity Sponge
and Custard

or

Cheese & Biscuits
Fresh Fruit & Yogurts

Baked Beans

Chips

Individual Cheese Cakes

or

Cheese & Biscuits
Fresh Fruit & Yogurts